

OFFICE OF PASTORAL CARE AND COUNSELING – UPCOMING GROUPS AND SERVICES, LOCATIONS –

DR. MARY LAUTZENHISER BELLON, DIRECTOR, 515-419-6163; DRMLBELLON@GMAIL.COM

GROUPS

AMES AREA COVENANT GROUP MEETS MONTHLY FROM 10:30 – 2:30. BEGINS SEPTEMBER 11. NORMALLY MEETS AT COLLEGIATE UMC IN LOWER LEVEL. OCCASIONALLY ELSEWHERE. PERSONAL AND PROFESSIONAL SHARING, EMPHASIS ON SUPPORT AND SELF REFLECTION

WEST UNION COVENANT GROUP MEETS MONTHLY FROM 2-4 P.M. BEGINS AUGUST 24. MEETS AT WEST UNION UMC IN LOWER LEVEL. PERSONAL AND PROFESSIONAL SHARING, EMPHASIS ON SUPPORT AND SELF REFLECTION

NEW SKYPE GROUP: DREAMS AND SPIRITUALITY – FOR PERSONS INTERESTED IN TRACKING DREAMS AND ALSO LOOKING AT BIBLICAL ACCOUNTS OF DREAMING AS WELL AS DREAMS OF SPIRITUAL LEADERS. TIME TBA. CONTACT DR. MARY LAUTZENHISER BELLON AT 515-419-6163

LOCATIONS

- URBANDALE – 8515 DOUGLAS – MAIN OFFICE
- WATERLOO – FIRST UMC WATERLOO - MONTHLY
- ATLANTIC – FIRST UMC – MONTHLY
- MT. VERNON – MT VERNON UMC – MONTHLY
- COUNSELING, CONSULTATION, SPIRITUAL DIRECTION, COACHING

SPIRITUAL PILGRIMAGES

- HIKING IN THE BLACK HILLS – SEPTEMBER 12-16, 2017. TENT CAMPING AT SILVA LAKE. WILL CLIMB BLACK ELK MOUNTAIN AND WALK DEERFIELD LAKE TRAIL. EVENING DEVOTIONS AND SPIRITUAL COMMUNITY. STILL ROOM FOR THOSE INTERESTED. HIKING IS MODERATE LEVEL.
- NEW SPIRITUAL PILGRIMAGE: GATHERING INTERESTED PERSONS WHO WOULD LIKE TO HIKE A WEEK LEG OF THE APPALACHIAN TRAIL LATE SUMMER, EARLY FALL 2018. THIS TRIIP WOULD INVOLVE MEETING ONCE A MONTH FROM JANUARY TO JUNE 2018 READING WORKS IN THE RELATIONSHIP BETWEEN SPIRITUALITY AND NATURE FROM A CHRISTIAN PERSPECTIVE. MUST BE IN GOOD SHAPE TO TAKE ON THE TRAIL. PLEASE CONTACT DR. MARY LAUTZENHISER BELLON IF INTERESTED.

STAFF DAY APART

- IF YOU WOULD LIKE TO SCHEDULE A STAFF DAY APART AROUND ISSUES OF COMMUNICATION AND REFLECTION ON TEAM BUILDING PLEASE CALL DR. MARY LAUTZENHISER BELLON AT 515-419-6163